

# Marin County Schools COVID-19 Safety Plan

## A Cal/OSHA Template for Marin K-12 Schools

### 2022-23 School Year

#### Guidance for Developing Your COVID-19 Safety Plan (CSP) formerly known as the SSSPP.

1. All Marin County K-12 Schools should follow the guidance in the **SMARTER Schools Plan**.
2. Maintain and update a Multi-disciplinary Task Force formed during prior school year (ie, teachers, custodians, school secretaries, para-educators, parents, students, and administrators) to develop and support this COVID-19 Safety Plan who will meet regularly, will seek and gather input from stakeholders, and will monitor Public Health Information to help adjust and implement the plan based on input from all stakeholders as needed.
3. Perform a school site walkthrough with the Task Force of your campus, classrooms, multi-use rooms, and office spaces and use the protocols, guidance and best practices detailed in the Marin County Schools Health and Safety Guidelines as a guide for conducting your assessment.
4. Develop and finalize your CSP and train staff before site-based classroom instruction begins.
5. Use the template below to create your own CSP by filling in the required details, based on your individual school site/school or district office, to mitigate the transmission of COVID-19, under the guidance of the Marin County Public Health Officer.
6. Finalize your CSP to distribute widely to staff and families, and post on your school website, encouraging input, suggestions and questions. You may also post a copy at your school or office at a visible location, at or near the main entrance where students, staff and visitors can easily review it without touching the document. CSPs should be updated if protocols shift under the direction of Public Health.
7. Post signs at each of the primary staff and student entrances to inform all students, staff and visitors that they should:
  - Not enter the facility with any COVID-like symptoms; stay home if sick
  - Wear face coverings when required; and
  - Practice good hand hygiene.

#### Tools for Developing Your COVID-19 Safety Plan (CSP)

##### 1. COVID-19 Safety Plan Template

The Marin County Office of Education is providing this template, which incorporates the requirements of the Cal/OSHA Model COVID-19 Prevention Program (CPP), to be used by any school or district in Marin to create their own COVID-19 Safety Plan (CSP). This template has been reviewed and supported by Marin County's Public Health Officer, and must be posted on the School and/or District website.

##### 2. School Specific Best Practices

The MCOE Rethinking Schools Task Force is monitoring updated guidance from the Center for Disease Control, the California Department of Public Health, the California Department of Education, and Marin County Public Health to support and promote emerging best practices to share with the school community in Marin. These best practices are based on alignment with local, state and federal guidelines in coordination with the county's Public Health Officer.

\*\*\* This COVID-19 Safety Plan has been developed with significant opportunity for public comment and input over the course of the 2022-23 School Year. Ongoing and additional public comment is welcome and encouraged for any future revisions by contacting a site administrator and/or one of the Public Health Liaisons identified on this document. Any comments, questions or concerns may also be forwarded to the Marin County Office of Education's Rethinking Schools Task Force at [rapidresponse@marinschools.org](mailto:rapidresponse@marinschools.org).

## CONTACT INFORMATION

<b>School Name</b>	Headlands Preparatory School
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<b>School Type (select One)</b>
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- Traditional/Alternative Public School
- Charter School
- Private, Independent or Parochial

<b>Public Health and Safety Liaisons</b> (List Primary and Secondary Contact Information: Names, Emails and Office Phone)
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Primary: Kristie Moore-Arauz, Executive Director, [k.moorearauz@headlandsprep.com](mailto:k.moorearauz@headlandsprep.com) 415-944-2254  
 Secondary: Suzi Andrews, School Operations Coordinator, [s.andrews@headlandsprep.com](mailto:s.andrews@headlandsprep.com) 425-944-2254

<b>School Multi-Disciplinary Task Force Members and Positions</b> (ie teachers, custodians, secretaries, paras, parents, students, administration)
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Rebecca Hobbs, Founding Director  
 Kristie Moore-Arauz, Executive Director  
 Alexandra Blumencranz, Head of School  
 Suzi Andrews, School Operations Coordinator  
 Sara Hakala & Julia Johnson, Administrative Assistants  
 David Maynard & Jim Fish, Teachers

<b>Principal/ Administrator Name</b>	Krisite Moore-Arauz, Executive Director
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<b>Contact Email</b>	<a href="mailto:k.moorearauz@headlandsprep.com">k.moorearauz@headlandsprep.com</a>	<b>Contact Phone</b>	415-944-2254
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I certify that I take authority and responsibility for all information in this document and attest to that the above school adheres to all elements required in the following CCR (California Code of Regulations), Title 8 sections:

- All of the elements that may be required in the following CCR, Title 8 sections:
  - [3205, COVID-19 Prevention](#)
  - [3205.1, Multiple COVID-19 Infection and COVID-19 Outbreaks](#)
  - [3205.2, Major COVID-19 Outbreaks](#)
  - [3205.3, Prevention in Employer-Provided Housing](#)
  - [3205.4, COVID-19 Prevention in Employer-Provided Transportation](#)
  - The four Additional Considerations provided at the end of the CPP Template.

**Additional guidance and resources are available at [www.dir.ca.gov/dosh/coronavirus/](http://www.dir.ca.gov/dosh/coronavirus/).**

<b>Signature</b>	Kristie Moore-Arauz (contact school to view original)	<b>Date</b>	
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## SPECIFIC CONTROL MEASURES

All measures in **black text** are required by Cal/OSHA for any workplace. Please enter brief descriptions in the blank space under all **red text**. While K-12 schools have other specific requirements, they also remain workplaces for Teachers and Staff making the CPP required.

### Identification and Evaluation of COVID-19 Hazards

We implement the following in our workplace:

- Conduct workplace-specific evaluations.
- Document the vaccination status of our employees which is maintained as a confidential medical record.
- Evaluate employees' potential workplace exposures to all persons at, or who may enter, our workplace.
- Develop and implement COVID-19 policies and procedures to respond effectively and immediately to individuals at the workplace who are a COVID-19 case to prevent or reduce the risk of transmission in the workplace.

**[Briefly describe what those policies and procedures are below.]**

***HPS conducts regular workplace evaluations with respect to potential exposure and makes adjustments to work spaces as needed to minimize risk. All employees are required to provide a copy of vaccination and booster(s) if eligible. Documents are maintained by the school Operations Coordinator in a confidential medical file in a locked cabinet. HPS Public Health Liaison(s) will attend monthly meetings with the County to stay current on Covid-19 policies, procedures and protocols. HPS will follow the [Isolation, Quarantine & Travel Guidance](#) provided by Marin Health and Human Services for all exposures and positive cases. Employees and students testing positive from Covid-19 will be required to provide proof of a negative test prior to returning to campus.***

Review applicable orders and general and industry-specific guidance from the State of California, Cal/OSHA, and the local health department related to COVID-19 hazards and prevention including:

- Evaluate existing COVID-19 prevention controls in our workplace and the need for different or additional controls, including maximizing the effectiveness of ventilation and air filtration.
- Conduct periodic inspections as needed to identify and evaluate unhealthy conditions, work practices, and work procedures related to COVID-19 and to ensure compliance with our COVID-19 policies and procedures.

## Employee participation

Employees and their authorized employees' representatives are encouraged to participate in the identification and evaluation of COVID-19 hazards by:

**[Briefly describe how employees may participate in COVID-19 hazard identification and evaluation.]**

***HPS recommends that employees regularly evaluate their work area and the area around them for Covid-19 hazards and other hazards and notify the Executive Director of any concerns.***

## Employee screening

We screen our employees and respond to those with COVID-19 symptoms by:

**[Briefly describe how this will be accomplished - i.e having them self-screen according to CDPH guidelines.]**

***Currently, employees are expected to self-screen each day prior to coming to work, stay home if showing any symptoms of illness, and notify the Executive Director if exposed to or having symptoms of Covid-19. HPS will comply with any and all requirements or recommendations from the County regarding the implementation of employee screening at work and change protocols accordingly.***

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## Correction of COVID-19 Hazards

Unsafe or unhealthy work conditions, practices or procedures are documented, and corrected in a timely manner based on the severity of the hazards, as follows:

**[Briefly describe how the following will be accomplished and followed up in a timely manner below]**

***HPS will follow the procedures outlined in its Emergency Operations Plan for documenting and correcting any unsafe or unhealthy work conditions, practices or procedures. A copy of the EOP can be obtained by emailing HPS Executive Director Kristie Moore-Arauz at [k.moorearauz@headlandsprep.com](mailto:k.moorearauz@headlandsprep.com)***

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## Control of COVID-19 Hazards

### Face Coverings

We provide clean, undamaged face coverings and ensure they are properly worn by employees when required by orders from Marin County Public Health or California Department of Public Health (CDPH).

- Face coverings will also be provided to any employee that requests one, regardless of their vaccination status.

**[Briefly describe how you ensure that face coverings will be provided and worn properly, as needed by requirement or preference.]**

***Non-surgical masks and KN95 mask are available at all times at the front desk for all employees, students and visitors, regardless of vaccination status. HPS monitors the [CDC Covid-19 Data Tracker](#) for Marin County and follows the County recommendations regarding mask use for the current risk level. HPS reserves the right to require masks at any time, regardless of risk level.***

### Engineering controls

For indoor locations, we identify and evaluate how to maximize, to the extent feasible, ventilation with outdoor air using the highest filtration efficiency compatible with our existing ventilation system, and whether the use of portable or mounted High Efficiency Particulate Air (HEPA) filtration units, or other air cleaning systems, would reduce the risk of transmission. Taking air quality and portable air filtration systems:

**[Briefly describe how this will be accomplished.]**

***MERV-13 filters have been installed in the HVAC system. Portable HEPA filtration units are located in each office or classroom adjacent to the main floor. The front and back doors remain open during business hours to the extent possible to encourage outside air flow. Large fans are positioned in key areas to improve circulation and ventilation.***

### Hand sanitizing

To implement effective hand sanitizing procedures, we:

**[Briefly describe your site-specific procedures below.]**

***HPS promotes frequent hand washing. Hand washing stations are available in the restrooms, the lab, and both staff/student kitchen areas. Hand sanitizer is readily available at the front door and throughout the building.***

### Personal protective equipment (PPE) used to control employees' exposure to COVID-19

We evaluate the need for PPE (such as gloves, masks and hand sanitizer) as required and provide items as needed. Upon request, we provide respirators, which remain the best form of face covering protection, for use to all employees.

**[Briefly describe how employees that request a respirator will be encouraged to use them as their preferred face covering, especially indoors.]**

***An employee may request a respirator from the Executive Director, who will confirm the need for a respirator and, if approved, make provisions to provide one for the employee.***

## **Testing of employees**

We make COVID-19 testing available at no cost, during paid time, to all employees:

- Who have had close contact in the workplace; or
- Who have COVID-19 symptoms, and
- During outbreaks and major outbreaks (as recommended by Public Health).

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## **Investigating and Responding to COVID-19 Cases**

We have developed effective procedures to investigate COVID-19 cases that include seeking information from our employees regarding COVID-19 cases, close contacts, test results, and onset of symptoms. This is accomplished by following specific guidance and reporting protocols from Marin County Public Health and the California Department of Public Health.

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## **System for Communicating**

Our goal is to ensure that we have effective two-way communication with our employees, in a form they can readily understand, and that it includes the following information:

- Who employees should report COVID-19 symptoms, possible close contacts and hazards to, and how.

**[Briefly describe how this will be accomplished using Public Health Liaisons.]**

***Any and all concerns regarding Covid-19 symptoms, possible close contacts and/or hazards should be reported by emailing the Executive Director and/or School Operations Coordinator. As the HPS Public Health Liaisons, they will follow the reporting procedures outlined by Marin County Public Health and the CDPH.***

- That employees can report symptoms, possible close contacts and hazards without fear of reprisal.
- How employees with medical or other conditions that put them at increased risk of severe COVID-19 illness can request accommodations.

**[Briefly describe how this will be accomplished in your workplace.]**

***Any request for accommodation should be made to the Executive Director, who will work with the School Operations Coordinator to schedule an Interactive Process pursuant to HPS protocols. Approved reasonable accommodations will be implemented if not overly burdensome to Headlands Preparatory School.***

- Access to COVID-19 testing:

**[Briefly describe how this will be accomplished in your workplace.]**

**A rapid tests will be provided upon request to employees who are symptomatic at work or who have been notified during work hours of a confirmed exposure.**

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## **Training and Instruction**

We provide effective employee training and instruction that includes:

- Our COVID-19 policies and procedures to protect employees from COVID-19 hazards, and how to participate in the identification and evaluation of COVID-19 hazards.
- Information regarding COVID-19-related leave benefits to which the employee may be entitled under applicable federal, state, or local laws.
- The fact that COVID-19 is an infectious disease that can be spread through the air.
- The fact that particles containing the virus can travel more than six feet, especially indoors, so physical distancing, face coverings, increased ventilation indoors, and respiratory protection decrease the spread of COVID-19 and are most effective when used in combination.
- The right of employees to request a respirator for voluntary use, as required by section 3205, without fear of retaliation, and our policies for providing the respirators. Employees voluntarily using respirators will be provided with effective training and instruction according to section 5144(c)(2) requirements, including:
  - How to properly wear them; and
  - How to perform a seal check according to the manufacturer's instructions each time a respirator is worn, and the fact that facial hair can interfere with a seal.
- The importance of frequent hand washing with soap and water for at least 20 seconds and using hand sanitizer when employees do not have immediate access to a sink or hand washing facility.
- Proper use of face coverings. Since COVID-19 is an airborne disease, N95s and more protective respirators protect the users from airborne disease.
- The conditions where face coverings must be worn at the workplace (if any).
- That employees can request face coverings and can wear them at work regardless of vaccination status and without fear of retaliation.
- COVID-19 symptoms, and the importance of obtaining a COVID-19 test and not coming to work if the employee has COVID-19 symptoms.
- Information on our COVID-19 policies and how to access COVID-19 testing and vaccination, and the fact that vaccination is effective at preventing COVID-19, protecting against both transmission and serious illness or death.

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## Exclusion of COVID-19 Cases and Employees who had a Close Contact

Where we have a COVID-19 case or close contact in our workplace, we limit transmission by:

- Ensuring that COVID-19 cases are excluded from the workplace until the return-to-work requirements are met.
- Reviewing current CDPH guidance for persons who had close contacts, including any guidance regarding quarantine or other measures to reduce transmission.
- Developing, implementing, and maintaining effective policies to prevent transmission of COVID-19 by persons who had close contacts.
- For employees excluded from work, continuing, and maintaining employees' earnings, wages, seniority, and all other employees' rights and benefits.
- Providing employees at the time of exclusion with information on available benefits. This will be accomplished by:

**[Briefly describe how your workplace will accomplish this.]**

***Employees have been informed about 2022 Covid-19 Supplemental Paid Sick Leave and have been provided with a link to claim benefits. Requests for accommodations beyond paid sick leave should be submitted to the Executive Director.***

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## Reporting, Recordkeeping, and Access

It is our policy to:

- Report information about COVID-19 cases and outbreaks at our workplace to the local health department whenever required by law, and provide any related information requested by the local health department.
  - Maintain records of the steps taken to implement our written COVID-19 Prevention Program. (This Document)
  - Make our written COVID-19 Prevention Program available on the website for employees, authorized employee representatives, representatives of Cal/OSHA and the Community immediately upon request.
  - Use the documents provided by Marin Public Health or a similarly created document to keep a record of and track all COVID-19 cases.
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## Return-to-Work Criteria

We will meet the following return to work criteria for COVID-19 cases and employees excluded from work:

- **COVID-19 cases, regardless of vaccination status or previous infection and who do not develop symptoms or symptoms are resolving**, cannot return to work until we can demonstrate that all of the following criteria have been met:

- At least five days have passed from the date that COVID-19 symptoms began or, if the person does not develop COVID-19 symptoms, from the date of first positive COVID-19 test;
  - At least 24 hours have passed since a fever of 100.4 degrees Fahrenheit or higher has resolved without the use of fever reducing medications; and
  - A negative COVID-19 test from a specimen collected on the fifth day or later is obtained; or, if unable to test or the employer chooses not to require a test, 10 days have passed from the date that COVID-19 symptoms began or, if the person does not develop COVID-19 symptoms, from the date of first positive COVID-19 test.
- **COVID-19 cases, regardless of vaccination status or previous infection, whose COVID-19 symptoms are not resolving**, may not return to work until:
    - At least 24 hours have passed since a fever of 100.4 degrees Fahrenheit or higher has resolved without the use of fever-reducing medication; and
    - 10 days have passed from when the symptoms began.
  - COVID-19 tests may be self-administered and self-read only if the following independent verification of the results can be provided

**[Briefly describe methods to be used, such as a time-stamped photograph of the results.]**

***Employees and students are required to email a photograph of the negative antigen test or a copy of the PCR test results to the School Operations Coordinator prior to returning to campus.***

- Regardless of vaccination status, previous infection, or lack of COVID-19 symptoms, a COVID-19 case shall wear a face covering in the workplace until 10 days have passed since the date that COVID-19 symptoms began or, if the person did not have COVID-19 symptoms, from the date of their first positive COVID-19 test.
- The return to work requirements for COVID-19 cases who do or do not develop symptoms apply regardless of whether an employee has previously been excluded or other precautions were taken in response to an employee's close contact or membership in an exposed group.
- If an order to isolate, quarantine, or exclude an employee is issued by a local or state health official, the employee will not return to work until the period of isolation or quarantine is completed or the order is lifted.

**END OF PROTECTION PLAN DOCUMENT**

# Marin County SMARTER Schools Plan

## Preparing Marin Schools for the Next Phase of COVID-19 Response

Dr. Matt Willis, Marin County Public Health Officer  
Dr. Lisa Santora, Marin County Deputy Public Health Officer  
Mary Jane Burke, Marin County Superintendent of Schools

**Updated May 3, 2022**

The purpose of this document is to support Marin County educational institutions including public, private, independent, and parochial TK-12 schools—adapt to the evolving COVID-19 pandemic while creating environments where students thrive.

- **Shots** – Vaccines and boosters are safe and effective tools to prevent infection, long COVID, severe disease, and hospitalizations.
  - All eligible students and staff should get vaccinated, boosted (if eligible), and stay [up to date](#) with any newly recommended vaccinations. They are required to verify and update their vaccination status.
  - Any substitutes, contractors, visitors or volunteers working directly with students should be vaccinated, boosted (if eligible) and stay [up to date](#).
- **Masks** – Masks are a simple and effective safety mitigation layer to prevent in-school transmission of COVID-19 infections and other respiratory illnesses. The risk of transmission is low in most outdoor settings therefore the use of face masks in open spaces is discretionary.

Marin County Public Health:

  - **Recommends** wearing a mask at schools indoors when community transmission is **high**
  - Advises staff and children in schools to **consider** wearing a mask when community transmission is **substantial / moderate**, especially if they or someone in their household is immunocompromised, [high risk for severe illness](#) or not fully vaccinated / [up to date](#)
  - Advises staff and children in schools to wear a mask based on their **personal preference**, informed by their personal level of risk when community transmission is **low**
- **Awareness** – We will stay aware of how COVID-19 is spreading in schools and our community and implement public health recommended strategies to decrease risk of COVID transmission.
  - Stay informed of [community transmission rates](#) in Marin County.
  - **Students and staff should stay home when they have signs or symptoms of any infectious illness and test for COVID-19.**
    - If they test negative, they can return to school when symptoms are resolving (*at least 24 hours* after their fever is gone without the use of fever-reducing medicines).
    - If they test positive for COVID, they must stay at home for at least 5 days. [Isolation](#) can end after day 5 with a negative COVID test and symptoms are not present or are resolving.

- Marin County Public Health protocols should be followed for individuals who test positive and their contacts (link: [Isolation and Quarantine Guidance](#))
- Large gatherings (school assemblies) are allowed indoors and outdoors. Participants and attendees should follow current [California Department of Public Health \(CDPH\) Guidance for Face Coverings](#). For indoor [mega-events](#) with 1000 or more people, schools and event operators using school facilities should follow CDPH recommendations.
- Other School related youth activities (student transportation, sports, music, drama, after school care, etc.) will follow updated CDPH and Marin County Public Health guidance. Marin County Public Health strongly recommends that all participants be vaccinated, boosted (if eligible) and stay [up to date](#).
- Schools should optimize current air conditioning systems and supplement with portable air cleaners when practicable. Keep windows and other sources of natural ventilation open to the greatest extent possible. In the event of poor air quality updated [School Air Quality Recommendations](#) should be followed.
- **Readiness** – The Marin school community needs to be ready to respond quickly and implement evidence-based individual-, household-, and community- level protective behaviors and prevention strategies when COVID-19 risks change. Readiness means the following elements are in place:
  - All activities are consistent with and will adjust to changing applicable state and local Public Health orders.
  - Health and safety practices and protocols are in place, including hand washing, access to essential personal protective equipment (PPE), and testing. Training is provided to all staff, students and families reinforcing the importance of health and safety practices and protocols.
  - A primary and secondary point of contact are established, identified and trained at each school site to direct questions or concerns around practices, protocols, or potential exposure. These points of contact will serve as liaisons to Public Health, and contact information is identified in the COVID-19 Safety Plan.
  - A [School Site-Specific Protection Plan](#) (SSSPP) / COVID Safety Plan (CSP) outlining the above measures is completed, posted and updated on school or district websites and shared with all staff and families. Schools should update SSSPPs / CSPs as state and local Public Health guidance changes.
- **Testing** – Testing prevents COVID transmission and keeps students in school.
  - All schools should ensure access to testing for staff and students, including response-based testing. Testing of students must include appropriate parental permissions obtained in advance.
  - Staff and students should have a [plan](#) for rapid testing (i.e., having home tests or access to testing).
  - If any student or staff develops COVID-like symptoms or has close contact with someone who has COVID-19, testing is recommended.
  - Unvaccinated staff should be tested weekly.
- **Education** – We will keep schools open for in-person instruction, serve all students equitably and close the achievement gap.
- **Resilience** – We will build relationships that ensure all students experience a sense of belonging and feel supported.

# Plan de Escuelas SMARTER del Condado de Marin

## Preparando a las Escuelas de Marin para la siguiente fase de Respuesta al COVID-19

Dr. Matt Willis, Oficial de Salud Pública del Condado de Marin  
Dr. Lisa Santora, Diputada de Salud Pública del Condado de Marin  
Mary Jane Burke, Superintendente de Escuelas del Condado de Marin

**Emitida el 3 de mayo de 2022**

El propósito de este documento es apoyar a las instituciones educativas del condado de Marin, incluyendo las escuelas públicas, privadas, independientes y parroquiales TK-12, para que se adapten a la evolución de la pandemia del COVID-19, y a la vez que crean entornos en los que los estudiantes prosperen.

- **(Shots) Vacunas** – Las vacunas y los refuerzos son herramientas seguras y eficaces para prevenir infecciones, el COVID prolongado, enfermedades graves y hospitalizaciones.
  - Todos los estudiantes y el personal elegibles deben vacunarse, reforzarse (si son elegibles) y [estar al día con sus vacunas](#) con cualquier vacuna recién recomendada. Deben verificar y actualizar su estado de vacunación.
  - Todos los profesores sustitutos, contratistas, visitantes o voluntarios que trabajen directamente con los estudiantes deben ser vacunados, reforzados (si son elegibles) y [estar al día con sus vacunas](#).
- **Mascarillas** – Las mascarillas son una capa de mitigación de seguridad simple y eficaz para prevenir la transmisión de infecciones en las escuelas por COVID-19 y otras enfermedades respiratorias. El riesgo de transmisión es bajo en la mayoría de los entornos al aire libre, por lo que el uso de mascarillas en espacios abiertos es decisión propia. Salud Pública del Condado de Marin:
  - **Recomienda** el uso de mascarilla en las escuelas en espacios cerrados cuando la transmisión en la comunidad es **alta**.
  - Aconseja al personal y a los niños en las escuelas que **consideren** el uso de mascarillas cuando la transmisión en la comunidad es **sustancial / moderada**, especialmente si ellos o alguien en su hogar tiene el sistema inmune debilitado, [alto riesgo de enfermedad grave](#) o no están completamente vacunados / [al día](#).
  - Aconseja al personal y a los niños de las escuelas que usen una mascarilla según su **preferencia personal**, en función de su nivel de riesgo personal cuando la transmisión en la comunidad sea **baja**.
- **(Awareness) Concienciación** – Estaremos al tanto de cómo se propaga el COVID-19 en las escuelas y en nuestra comunidad y aplicaremos las estrategias recomendadas por la salud pública para reducir el riesgo de transmisión del COVID.
  - Manténgase informado de [los niveles de transmisión de la comunidad](#) en el condado de Marin.
  - **Los estudiantes y el personal deben quedarse en casa cuando tengan señales o síntomas de cualquier enfermedad contagiosa y hacerse la prueba de COVID-19.**

- Si la prueba resulta negativa, pueden volver a la escuela cuando los síntomas se resuelvan (al menos 24 horas después de que la fiebre haya desaparecido sin utilizar medicamentos para reducir la fiebre).
    - Si la prueba de COVID es positiva, deben quedarse en casa durante al menos 5 días. El aislamiento puede terminar después del día 5 con una prueba de COVID negativa y si no tiene síntomas o están mejorando.
  - Los protocolos de Salud Pública del Condado de Marin deben ser seguidos por las personas que resulten positivas y sus contactos. (enlace: [Guía de Aislamiento y Cuarentena](#))
  - Se permiten grandes reuniones (asambleas escolares) en los espacios cerrados y al aire libre. Los participantes y asistentes deben seguir las directrices actuales del [Guía del Departamento de Salud Pública \(CDPH\) para el Uso de Mascarillas](#). En el caso de [los megaeventos](#) en espacios cerrados con 1000 personas o más, las escuelas y los operadores de eventos que utilicen instalaciones escolares deben seguir las recomendaciones del CDPH.
  - Otras actividades para jóvenes relacionadas con la Escuela (transporte de estudiantes, deportes, música, teatro, guardería después de la escuela, etc.) seguirán la orientación actualizada del CDPH y de Salud Pública del Condado de Marin. La Salud Pública del Condado de Marin recomienda firmemente que todos los participantes se vacunen, se refuerzen (si son elegibles) y se mantengan [al día con sus vacunas](#).
  - Las escuelas deben optimizar los sistemas actuales de calefacción, ventilación y aire acondicionado y complementarlos con purificadores de aire portátiles cuando sea posible. Mantenga las ventanas y otras fuentes de ventilación natural abiertas en la mayor medida posible. En el caso de baja calidad del aire, deben seguir [las Recomendaciones Actualizadas sobre la Calidad del Aire en las Escuelas](#).
- **(Readiness) Preparación** – La comunidad escolar de Marin tiene que estar preparada para responder rápidamente y poner en práctica conductas de protección y estrategias de prevención basadas en la evidencia a nivel individual, familiar y comunitario cuando aumentan los niveles de COVID-19 en la comunidad. La preparación significa que los siguientes elementos están en su lugar:
  - Todas las actividades son consistentes con y se ajustarán a los cambios en las Órdenes de Salud Pública estatales y locales.
  - Están en vigor prácticas y protocolos de salud y seguridad, incluyendo el lavado de manos, el acceso a los equipos de protección personal (EPP) esenciales y las pruebas. Se proporciona formación a todo el personal, a los alumnos y a las familias para reforzar la importancia de las prácticas y protocolos de salud y seguridad.
  - Se han establecido, identificado y formado un punto de contacto principal y otro secundario en cada centro escolar para dirigir las preguntas o preocupaciones sobre las prácticas, los protocolos o la posible exposición. Estos puntos de contacto servirán de intermediarios con la Salud Pública, y se identifica la información de contacto en el Plan de Seguridad COVID-19.
  - Se ha completado, publicado y actualizado un [Plan de Protección Escolar Específico](#) (SSSPP) / Plan de Seguridad COVID (CSP) que describe las medidas antes mencionadas en los sitios web de la escuela o del distrito y se ha compartido con todo el personal y las familias. Las escuelas deben actualizar los SSSPP / CSP a medida que cambian las orientaciones estatales y locales de Salud Pública.

- **(Testing) Pruebas** – Las pruebas previenen la transmisión del COVID y mantienen a los estudiantes en la escuela.
  - Todas las escuelas deben garantizar el acceso a las pruebas para el personal y los estudiantes, incluidas las pruebas basadas en la respuesta. Las pruebas realizadas por los estudiantes deben incluir la autorización de los padres obtenida con antelación.
  - El personal y los estudiantes deben tener un plan para realizar pruebas rápidas (es decir, tener pruebas en casa o acceso a las pruebas).
  - Si cualquier estudiante o personal desarrolla síntomas parecidos a los de COVID o está en contacto cercano con alguien que tiene COVID-19, se recomienda realizar la prueba.
  - El personal no vacunado debe realizar una prueba semanal.
- **Educación** – Mantendremos las escuelas abiertas para la enseñanza presencial, atenderemos a todos los estudiantes de forma equitativa y solucionaremos la brecha de logros.
- **Resiliencia** – Crearemos relaciones que garanticen que todos los estudiantes tengan un sentido de pertenencia y apoyo.